

Spiced Thanksgiving Sugar Cookies

Ingredients:

For the Cookies:

- 1 cup granulated sugar
- 2 1/2 cups all-purpose flour
- 1 teaspoon pumpkin pie spice
- 1/4 teaspoon baking powder

Fine salt

- 12 tablespoons (1 1/2 sticks) unsalted butter, cut into small pieces, at room temperature
- 1 large egg, lightly beaten
- 1 teaspoon pure vanilla extract

For the Royal Icing:

2 tablespoons meringue powder

One 1-pound box confectioners' sugar (3 3/4 to 4 cups)

Food coloring, as desired

Decorating Suggestions:

Candy corns, pecans and sanding sugar



For the icing: Sift the meringue powder and confectioners' sugar together in a large bowl and add 6 tablespoons water. Beat with an electric mixer on medium-high until the mixture is glossy and soft peaks form, 3 to 4 minutes. Add food coloring if using or divide into several batches and color with different shades of food coloring.

Directions:

1 For the cookies: Put the sugar in a food processor and pulse a few times to finely grind. Add the flour, pumpkin pie spice, baking powder and 1/2 teaspoon of salt and pulse just to combine.

Add the butter and pulse until all of the butter is incorporated into the flour and the mixture is sandy. Add the egg and vanilla and pulse until the mixture comes together in big clumps.

Turn the dough out onto a clean work surface and knead a few times to form a ball. Divide the dough in half, pat into 2 discs about 1/4-inch thick, wrap in plastic wrap and refrigerate until firm, about 1 hour.

Position an oven rack in the middle of the oven and preheat to 350 degrees F. Line 2 baking sheets with parchment paper.

few minutes to make rolling easier. Put 1 disc of dough between 2 pieces of parchment paper and roll out the dough to 1/8-inch thick. Cut out with desired cookie cutters and arrange on one of the prepared baking sheets about 2 inches apart. Bake until the bottom of the cookies are golden brown, 10 to 12 minutes. Cool on the baking sheet until firm enough to transfer to a rack to cool completely.

Groups 2024

FEBRUARY 7-12, 2024—TENTH ANNUAL ICELAND WEEKEND GETAWAY

Explore the 'Land of Fire and Ice' witnessing spectacular waterfalls, boiling geysers and spend a few hours relaxing with a cocktail while watching the sunrise in the Blue Lagoon. There is always the opportunity of seeing the Aurora Borealis or Northern Lights. Our package includes round trip air from Newark on Icelandair, four nights hotel with a full buffet breakfast daily and a continental breakfast at Viking World Museum on the morning of arrival, all current taxes. Optional tours will ne available. Rate is \$1,998.00 per person double. A valid passport is required and insurance is highly recommended. Only 2 seats left!!

APRIL 28, 2024—GREAT TRAINS and GRAND CANYON

Highlights: Two rail journeys, Grand Canyon, Sedona, trolley tour and the Chapel of the Holy Cross. Five nights at the Hilton Sedona, five breakfasts and three dinners, all sightseeing and round trip air fare. Rate \$3,399.00 per person double occupancy.

JUNE 9, 2024—UTAH'S MIGHTY NATIONAL PARKS

Highlights: Arches, Capital and Canyonlands National Parks, Monument Valley, Canyonlands by night and wine tasting. Six nights hotel, six breakfasts, one lunch and three dinners, all sightseeing and round trip air fare. Rate \$3,625.00 per person double.

JUNE 9-16, 2024—SAIL CELEBRITY ECLIPSE TO BERMUDA

Sail on the revolutionized Celebrity Eclipse from Cape Liberty (Bayonne) and spend three glorious days in Bermuda. Sail past the Statue of Liberty enroute to the Royal Naval Dockyard. Your balcony cabin will include your accommodations, all meals (except for restaurants), beverage package, wi-fi, gratuities and all current port and government taxes. **Proof of citizenship is required (NO PASSPORT).** Rate is \$1,899.00 per person double.

SEPTEMBER 4, 2024—BLACK HILLS, BADLANDS and MT. RUSHMORE

Highlights: Mt. Rushmore day and night, Devil's Tower, Crazy Horse Memorial, Custer State Park and Buffalo Jeep Safari. Six nights hotel, six breakfasts and four dinners, all sightseeing and round trip air fare. Rate per person \$3,395.00 double occupancy.

OCTOBER 13, 2024—NATIONAL PARKS and CANYONS of the SOUTHWEST

Highlights: Grand Canyon and Bryce Canyon, Zion National Park, Zion Park Tram and Hoover Dam. Two nights in Las Vegas and three nights in Mesquite, five breakfasts, one lunch and two dinners, all sightseeing and round trip air fare. Rate \$3,395.00 per person double occupancy.

OCTOBER 20-29, 2024—SUNNY PORTUGAL

Ancient castles and Roman ruins, groves of orange and almond trees, quiet whitewashed villages and welcoming locals—Portugal is waiting for you. Lisbon, Cascais, Evora and Lagos will be visited. Our package includes round trip air from Newark, 4* hotel accommodations, 8 breakfasts, 3 lunches and 3 dinners, all current taxes and fees. Insurance is recommended and a passport is required. Price per person \$3,999.00 double

NOVEMBER 23-DECEMBER 3, 2024—ICONIC CHRISTMAS MARKETS CRUISE ABOARD AMA WATERWAYS AMA LEA

Depart USA on the evening of November 23rd flying to Prague where you will board the AMA LEA for your seven night Christmas Market cruise. The intimate AMA LEA was built in 2018 and sails with a maximum of 156 passengers. Sail the Continental Divide and visit Passau, Melk and Vienna enroute to Budapest. Cruise only rates start at \$3,799.00 per person double including port taxes. Single cabins surcharge range from 125 to 150%. Pre and post nights along with airfare will be available at the end of this year. Call Nancy for information and reservations.

DECEMBER 7-14, 2024—SAIL THE CARIBBEAN ON STAR CLIPPERS ROYAL CLIPPER

Would you like to climb the mast to the crow's nest 75 feet above the deck or visit the open bridge where you can help sail the vessel? If so, a tall ship adventure might just be the ticket. Life on board is casual and relaxed with top notch dining and less than 250 passengers. Have a tropical drink while you relax in the bowsprit netting listening to the steel drum band on deck. Enjoy complimentary water sports, yoga and wellness classes. The shore excursions on board the Star Clipper are designed to highlight the best of the ports visited. Enjoy a beach BBQ. Ports of call are the Grenadines; including St. George's, Grenada, Tobago Cays, Kingstown, St. Vincent, Bequia, Fort de France, Martinique with beach stop, Marigot Bay, St. Lucia, and Soufriere, St. Lucia. The rate per person (cruise only for an outside cabin with port taxes) is \$2,399.00 including a \$200.00 onboard credit and pre-paid gratuities. Air rates and pre-night information will be available in January 2024. A passport is required and insurance is highly recommended.



Black Friday Sale! Save up to \$600 per person on these popular guided tours when you book November 12 – 25, 2023.*

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Evergreen Ireland South SAVE \$200 NOW \$995 7 Days

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And Another Iceland Vacation on Sale!

Icelandic Explorer SAVE \$600 NOW \$3,495 9 or 10 Days

* Use code BF600 to save \$600 per person on the land portion of new 2024 bookings of English Odyssey, Highlights of Britain, Icelandic Explorer and Jewels of Ireland. Use code BF350 to save \$350 per person on the land portion of new 2024 bookings of Best of Britain, Gems of Northern England, Gems of Southern England, Irish Legends, Irish Odyssey, Scottish Clans & Castles and The Scots Irish Tour. Use code BF200 to save \$200 per person on the land portion of new 2024 bookings of Best of Ireland South, Evergreen Ireland North, Evergreen Ireland South, Irish Heritage, Irish Spirit, Northern Lights Quest of Iceland, Taste of Britain, Taste of Ireland, The Irish Pub Tour and Tuscan Treasures with Cinque Terre. Bookings must be made between 11/12/2023 -11/25/2023 for travel 1/1/2024 - 12/31/2024. \$250 per person non-refundable deposit required within 5 days of making the reservation. Promotion excludes groups, and self-drive options. Promotion is only combinable with a repeat guest incentive for verified past guests and can be applied by calling 800-243-8687. Offer may be withdrawn at any time and is subject to availability; other conditions may apply. See the full Terms and Conditions at https://www.cietours.com/terms-conditions. Land prices are per person, based on double occupancy for 2024 departures and vary by departure date. CST #202 1285 - 50

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ITALY



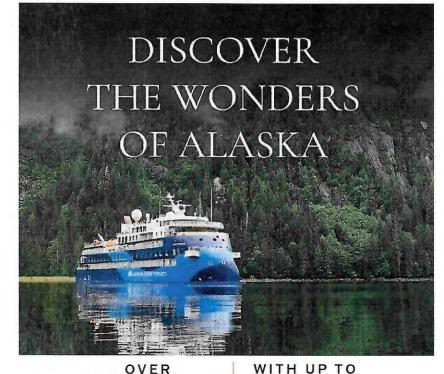
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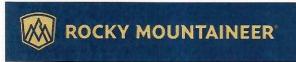
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 On our Rockies to the Red Rocks
- Offer applies to new bookings only for the 2024 travel season
- Offer ends December 4, 2023







NATIONAL NATIVE AMERICAN HERITAGE MONTH

Just in time for National Native American Heritage Month in November, the <u>American Indian Alaska Native Tourism Association</u> (AIANTA) is educating travelers on the cultural protocols to follow when visiting Native Homelands around the United States.

AIANTA — AN ORGANIZATION DEDICATED TO ADVANCING CULTURAL HERITAGE TOURISM IN NATIVE NATIONS AND COMMUNITIES ACROSS THE COUNTRY — NOTES THAT WHILE EVERY TRIBE AND REGION OF NATIVE AMERICA IS DIFFERENT, THE NEWLY RELEASED GUIDELINES PROVIDE A GOOD GENERAL BASELINE FOR THOSE TAKING PART IN $\underline{\text{INDIGENOUS TOURISM}}$ ACTIVITIES AND OPPORTUNITIES.

To start, the organization reminds travelers to check any preconceived notions and expectations at the door — visitors should not expect, for example, to see indigenous individuals living in traditional dwellings or dressed in cultural regalia, outside of celebrations or ceremonies. Visitors should, as a general rule, dress modestly, listen attentively to elders and refrain from touching artifacts. If asked respectfully, questions about culture and tradition are usually welcome.

FOLLOWING ARE SOME ADDITIONAL INFORMATIONAL POINTS AND VISITOR PROTOCOLS FROM AIANTA THAT TRAVEL ADVISORS AND THEIR CLIENTS SHOULD KNOW BEFORE A NATIVE AMERICAN TOURISM EXPERIENCE.

According to the Aianta, both "American Indians" and "Native Americans" are generally acceptable terms to use, though individuals may have a preference for one or the other. American Indians refers specifically to Indigenous people of the lower 48 states, while Native Americans includes Alaska Natives, as well. Native Hawaiians, meanwhile, are considered a unique people.

"Indian Country" refers to the various self-governing native american communities in the U.S., including reservations and land trusts. Federally recognized tribes (that have a government-to-government relationship with the U.S.) can make and enforce laws, determine membership and license, and regulate activities in their jurisdictions. Native americans are also U.S. citizens with the right to vote.

MORE THAN 56 MILLION ACRES MAKE UP INDIAN COUNTRY (A COMBINED AREA THAT ROUGHLY EQUALS THE SIZE OF GREAT BRITAIN), SPREAD ACROSS 326 AMERICAN INDIAN LANDS.

AS PREFERENCES VARY, VISITORS SHOULD RESPECTFULLY ASK INDIVIDUALS WHAT THEY WANT TO BE CALLED.

THERE ARE 574 FEDERALLY RECOGNIZED AMERICAN INDIAN AND ALASKA NATIVE TRIBES AND VILLAGES. THERE ARE ALSO MORE THAN 60 STATE-RECOGNIZED TRIBES. ACCORDING TO THE 2021 U.S. CENSUS. THERE ARE 7.2 MILLION NATIVE AMERICANS AND ALASKA NATIVES LIVING IN THE U.S.

ALTHOUGH HUNDREDS OF LANGUAGES WERE ONCE SPOKEN AMONG THE INDIGENOUS PEOPLES OF NORTH AMERICA, ONLY ABOUT 200 OF THESE LANGUAGES REMAIN TODAY, AND MANY LIVE ON ONLY THROUGH A HANDFUL OF SPEAKERS. ENGLISH IS CURRENTLY THE MOST COMMON LANGUAGE, THOUGH NUMEROUS TRIBES ARE WORKING TO REVITALIZE THEIR TRADITIONAL LANGUAGES, AS WELL.

Many reservations are open to visitors and have sites and events to share with the public (nativeamerica.travel is a good resource for finding such experiences). Other tribes prefer not to host tourists, and some require that visitors register at a tribal office. When in doubt, call ahead to the tribal government office.

Travelers are expected to adhere to a tribe's laws, rules and regulations while on a reservation, and it's a good idea to ask about them ahead of time. Visitors should also pay attention to local signage and respect the privacy of residents.

Burial grounds, spiritual teachings and religious ceremonies are considered sacred, and are not shared with the public.

ARTIFACTS AND OBJECTS FOUND ON NATIVE LANDS BELONG TO THAT LAND AND ITS PEOPLE. IT'S ACCEPTABLE TO ASK A GUIDE ABOUT AN OBJECT OF INTEREST, BUT NOT TO TOUCH OR REMOVE IT. INSTEAD, VISITORS CAN SUPPORT A TRIBE BY INVESTING IN LOCALLY MADE ARTS AND CRAFTS (WHERE AVAILABLE FOR PURCHASE) TO BRING HOME.

WHILE ON NATIVE LANDS, VISITORS SHOULD ASK PERMISSION BEFORE TAKING ANY PHOTOS OR VIDEOS, ESPECIALLY OF ANY INDIVIDUALS, EVENTS OR ACTIVITIES. SOME RESERVATIONS DO NOT ALLOW IT AT ALL, AND SOME OTHERS REQUIRE A PAID PERMIT.

