

What It Means When You Have “SSSS” On Your Boarding Pass

First class or coach, travelers can earn this inconvenient designation on any flight, international or domestic.

The first time your boarding pass randomly prints with SSSS, you might be confused, or even want to believe you’ve won something special. Unfortunately, those letters mean something much different.



What is SSSS?

SSSS stands for *Secondary Security Screening Selection*, and signals that you’ve been chosen for additional checks from the Transportation Security Administration (TSA). These screenings can come in the form of pat-downs, extra luggage inspections, swabs for explosives and more—and you’re likely going to spend about 15-45 minutes longer than expected in airport security.

Why did I get SSSS on my boarding pass? Is it actually random?

Yes and no. According to TSA spokesman Michael McCarthy, SSSS appears on a passenger’s boarding pass when they have been selected by the agency’s Secure Flight system for enhanced security screening. Secure Flight is a risk-based passenger prescreening program that improves security by identifying low- and high-risk passengers before they arrive at the airport. The program does this by matching passengers’ names against trusted traveler lists and watchlists.

To protect privacy, the Secure Flight program collects the minimum amount of personal information—full name, date of birth, and gender—necessary to conduct effective matching. It also prevents individuals on the Terrorist Watchlist, the No-Fly List, and the Centers for Disease Control and Prevention “Do Not Board” list from boarding any aircraft



Hi Nancy!

Just returned from our girl’s trip to Las Vegas, courtesy of the travel voucher I won through the St. Francis Community Center raffle. We had a great time!!! All of your recommendations were spot on! Everything from our visit to Red Rock Canyon and Terry Fator’s show were great suggestions. Thank you for all your help, can’t wait to go back!!!



Lucy (and the girls)



A private pilgrimage of Assisi and Rome escorted by Father Steve Kluge of St. Francis of Long Beach Island.

October 26th-November 3rd, 2022

Many of you have traveled to Italy before but you now have the opportunity to follow the footsteps of St. Francis. Your journey will begin with a relaxing drive into the Italian countryside to the walled town of Assisi. It was within the walls of Assisi that St. Francis was born to a wealthy family. You will explore St. Francis Basilica set in the walls of Assisi that houses his tomb. Also, St. Clare's Church. St. Clare was one of the first followers of St. Francis and devoted her life in serving the poor.

Our private tour includes:

Round trip airfare non-stop on United from Newark (including all current government taxes and fees), private motor coach with professional driver/guide, seven nights first class hotels as indicated: (4-Giotto Hotel Assisi and 3-Hotel Palatino Rome), full breakfast daily and six dinners (two at local restaurants). Highlights include: Basilica of St. Mary of Angels, Casa del Cioccolato Perugia, St. Domenico Church, Sienna Cathedral, Catacomb of St. Sebastian, St. Peter's in Chains, Colosseum and Forum, Vatican Museum and Sistine Chapel, Scala Santa and St. Paul Outside the Walls Basilica.

The rate per person based on double occupancy is \$3698.00 (based on a minimum of 20 passengers) plus insurance. Insurance is based on age and the amount of trip and will be quoted once deposit is made. A limited amount of singles are available for a supplement of \$550.00. A deposit of \$500.00 is required to sign up and is non-refundable. Insurance is highly recommended and would have to be taken within 14 days initial deposit. Deposit must be done by check no later than April 22, 2022 to secure a spot on this Pilgrimage.

Passports are required and must be fully vaccinated to travel.

For more information or to secure your reservation, please contact:

Tara at Home Town Travel, 128 Bartlett Avenue, West Creek, NJ 08092

Email Tara at t.l.gaffney@comcast.net or call (609) 597-5100.

Baked Fish and Chips

Ingredients:

For the Chips:

- 3 medium russet potatoes (1 1/4 pounds)
- 1/4 cup extra-virgin olive oil
- Pinch of cayenne pepper
- Kosher salt

For the Fish:

- Olive oil cooking spray
- 2 3/4 cups crispy rice cereal
- Kosher salt and freshly ground black pepper
- 3 large egg whites
- 1 1/2 pounds skinless, boneless Pollock (or other firm white fish), cut into 2-by-4-inch pieces
- Tartar sauce and/or malt vinegar, for serving (optional)



Directions:

1 Position racks in the upper and lower thirds of the oven and preheat to 450 degrees F using the convection setting, if available. Place a baking sheet on one of the racks to preheat.

2 Prepare the chips: Cut the potatoes into 1/4-inch-thick sticks. Toss with the olive oil and cayenne in a bowl. Carefully remove the hot baking sheet from the oven, add the potatoes and spread in an even layer. Use a rubber spatula to scrape any oil from the bowl over the potatoes. Bake on the top oven rack, turning once, until browned and crisp, 25 to 30 minutes. Season with salt.

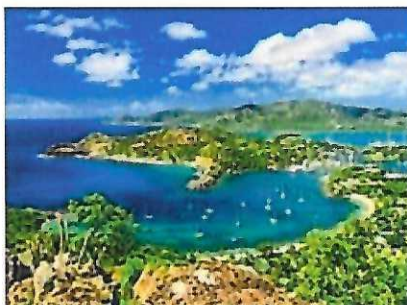
3 Meanwhile, make the fish: Set a wire rack on a baking sheet and coat with cooking spray. Lightly crush cereal in a bowl with your fingers. Add teaspoons salt, and black pepper to taste. In another bowl, whisk the egg whites and a pinch of salt until frothy.

4 Dip the fish in the egg whites, the roll in the cereal crumbs to coat. Place the fish pieces on the rack (position them on their sides so that the majority of the crust is exposed) and mist with cooking spray.

5 Bake the fish on the bottom oven rack until crisp and just cooked through, about 12 minutes. Season with salt and black pepper. Serve the fish and chips with tartar sauce and/or malt vinegar, if desired.



Effective March 19, 2022, all travelers will no longer be required to present a COVID-19 negative test result or proof of vaccination. All travelers will still be required to complete Aruba's Embarkation/Disembarkation Card before arrival, which is the country's digitized customs and immigration process. Aruba Visitors Insurance is still required for all visitors.



The **Caribbean** twin-island nation of **Antigua and Barbuda** has updated its travel advisory and lifted the travel testing requirement for fully vaccinated visitors to the destination. Fully vaccinated travelers arriving to the nation are not required to produce a PCR/rapid antigen test negative result to be permitted entry into Antigua and Barbuda, unless they show symptoms of possible infection. This includes transiting passengers.

Easy Escapes in 2022

The world has largely reopened nearly two years into the COVID-19 pandemic, and while the emergence of the Omicron variant late last year threatened to erase key progress, travelers still have plenty of excellent destinations to choose from in the early part of 2022. While COVID-19 vaccination, testing and quarantine requirements vary by destination, here are some of the least restrictive overseas destinations Americans can travel to this winter.

Jamaica

Americans can also visit the Caribbean island of Jamaica with a negative COVID-19 test taken within 72 hours of arrival (age 12 and older) and an approved Jamaica Ministry of Health Travel Authorization, which can be completed online within seven days of your travel date. The country also recently shortened the isolation period for U.S. travelers who test positive for COVID-19 from 10 to five days.

Costa Rica

Fully vaccinated travelers will have an easier time visiting Costa Rica now as they can attach their vaccination certificate to their Health Pass, which must be completed within 72 hours prior to arrival. Plus, tourists who are fully vaccinated against COVID-19 and those aged 18 and younger can enter Costa Rica without having to purchase a travel policy.

Dominican Republic

The Dominican Republic remains one of the most accessible destinations amid the pandemic as visitors are not required to present proof of vaccination against COVID-19 nor a negative test result in order to gain entry. "Airports and other ports of entry will perform a quick, aleatory breath test to between 3 percent and 15 percent of passengers, and all those who present symptoms, upon arrival," the Dominican Republic's official entry requirements state. The Traveler's Health Affidavit, Customs Declaration and International Embarkation/Disembarkation forms have been combined into a single digital form that visitors can submit through the Electronic Ticket Portal prior to arrival.

Mexico

Americans can also continue to visit Mexico without COVID-19 vaccination, testing or quarantine requirements. According to the U.S. Embassy and Consulates in Mexico, "passengers and aircrew members arriving at Mexican airports may be subject to health screenings including temperature checks. Those exhibiting symptoms may be subject to additional health screening and/or quarantine."

Ireland

Ireland recently welcomed the end of COVID-19 restrictions so visiting is much simpler in 2022. Travelers will need to complete a Passenger Locator Form (PLF) prior to departure. However, those with acceptable proof of vaccination or proof of recovery from COVID-19 in the prior six months do not have to show an additional pre-departure COVID-19 test result. Meanwhile, those without proof of vaccination or recovery from COVID-19 will require a negative PCR test result taken within 72 hours prior to arriving in Ireland.

The Bahamas

The Bahamas is just a short flight or sailing from Florida's southeast coast and is only requiring that visitors obtain a negative COVID-19 test taken no more than three days prior to the date of arrival and apply for a Bahamas Travel Health Visa at travel.gov.bs. Fully vaccinated travelers can submit an antigen or PCR test result while unvaccinated visitors over the age of 12 will require a PCR result. Those staying longer than 48 hours (regardless of vaccination status) must undergo a rapid COVID-19 test within 48 hours or two nights of arrival in the islands.

United Kingdom

The U.K. announced this month that it will drop all COVID-19 testing requirements for fully vaccinated visitors starting on February 11. "Arrivals who are not recognized as fully vaccinated will only need to take a pre-departure test and a PCR test on or before day 2 after they arrive in the U.K.," government officials announced on January 24.